

SHRIMP SHUMAI




WITH PONZU SAUCE

GOLDEN HARVEST
BY EASTERN FISH CO.



HEATING INSTRUCTIONS

Cook from frozen, heating to internal temperature of 165°F. Based on 1100 Watt microwave.

-  **STEAM:** Place shumai in steamer. Steam for 8-10 minutes. Let rest for 1 minute.
-  **MICROWAVE:** Place and cover shumai on a microwave safe plate. Microwave on high with 2 tablespoons of water for 2 minutes. Let rest for 1 minute.
-  **SAUCE:** Place frozen sauce packet in room temperature water for about 5 minutes. Pour sauce in a bowl and serve.

ITEM NUMBER	21017
CASE DIMENSIONS	13" x 7.5" x 9.4"
CASE CUBE	0.53
Ti X Hi	8 X 7
RETAIL BOX DIMENSIONS	7" x 6" x 2"
RETAIL BOXES PER MASTER	10
PIECES PER RETAIL BOX	10
UPC	0 82318 21017 3
GTIN	1 00 82318 21017 0

Nutrition Facts

About 3 servings per container	
Serving size	3 Pieces with Sauce (93g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 580mg	25%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Protein 7g	
Vitamin D 1mcg	6%
Calcium 27mg	2%
Iron 1mg	6%
Potassium 164mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

SHRIMP SHUMAI INGREDIENTS: Shrimp, (Shrimp, Water, Salt, Sodium Citrate and Sodium Bicarbonate), Wheat Starch, Bream, Water, Jicama, Onion, Carrot, Bamboo Shoot, Tapioca Starch, Soybean Oil, Sesame Oil, Sugar, Salt, Yeast Extract, White Pepper
CONTAINS: Crustacean Shellfish (Shrimp), Fish (Bream), Wheat, Sesame

PONZU SAUCE INGREDIENTS: Water, Soy Sauce (Soybean, Wheat, Salt, Alcohol, Water), Sugar, Rice Vinegar, Mirin Wine (Rice, Alcohol, Glucose Syrup, Amylase, Koji, Water), Lime, Salt, Corn
CONTAINS: Soy, Wheat



ADDRESS: 300 Frank W. Burr Blvd., Suite 30, Teaneck, NJ 07666

PHONE: 1.800.526.9066 | **WEBSITE:** easternfish.com